



COUNSELLING AND SUPPORT SERVICES

**THERE IS
NO FORCE
EQUAL
TO A WOMAN
DETERMINED
TO RISE**

~W.E.B Du Bo

CONTACT US

Rape Crisis Centre Address
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OFFICE HOURS: Monday to Friday
Time: 8h00 until 17h00.
Services also available at
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PORT ELIZABETH
RAPE CRISIS
— CENTRE —

VISION

Our vision is to develop a multi-sectoral approach towards the elimination of all forms of gender violence by working with various stakeholders, and the provision of assistance on a holistic basis to victims of gender base violence and their families.

MISSION

Rape Crisis Centre aims to be a Centre which provides a holistic, gender sensitive assistance prevention and empowerment in all forms of sexual violence.

OBJECTIVES

In pursuit of its mission the organisation provides advice and assistance in the following categories:

- Counselling and Psychological assistance.
- Court support for rape survivors
- Court support for domestic violence victims
- Assessment of Children and referral
- Information dissemination
- Preventative Education
- Lobby and Advocacy around issues of sexual violence.

BACKGROUND HISTORY

Rape Crisis Centre has been operating in the Port Elizabeth region since 1992. We are a non-governmental organisations ((NPO) serving the needs of rape survivors, irrespective of racial, religious, gender or language backgrounds.

We have a board responsible for overall policy and decision making. The Board includes representatives from the medical, legal psychological and community sector. It is balanced in regards to gender and community proportions and also has staff representation. We serve both the Nelson Mandela Metropolitan, and where necessary in the semi-rural areas.

AREAS OF OPERATION

New Brighton, Kwazakhele, Zwide, Soweto on Sea, Wells Estate, Ikamvehile, Motherwell, Schauderville, Gelvandale, Helenvale, Arcadia, Salsoniville, Jacksonville, Bloemendal, Bethelsdorp, various extension in the Northern Area, Kensington, Missionvale, Veeplaas, KwaNoxolo, Kwadwesi, Kwamagaxi, Uitenhage, Kabega Park, Humewood, Summerstrand, anwd surrounding rural areas, eg Hankey, Peddie, Port Alfred, Klipaat, Patensie and Humansdorp.

SERVICES OFFERED

Over 10,000 rape survivors have been assisted by the organisation and at least 60,000 learners from senior and secondary schools have received awareness and education from the Rape Crisis Centre's Life Skills and Rape Preventative Project.

OUR DIRECT SERVICES ARE DIVIDED INTO SECTIONS :

- Counselling and Psychological Services.
- Court Support for domestic violence survivors
- Court support for rape survivors.
- Assessment of Children and referrals.
- Counselling services to parents of survivors.
- Rape Prevention education at schools.
- Research and Monitoring.
- Advocacy and Lobbying on Sexual violence.

COUNSELLING SERVICES

The objectives of this project is to provide advice and ongoing counselling services for rape survivors (both female and male) and immediate family members.

SERVICES OFFERED

- Acute Counselling Services.
- Intake and assessment of children and referrals.
- Ongoing Counselling
- Psychological support up to trial.
- Referral of clients who needs intensive intervention.

RAPE PREVENTION SCHOOL PROJECT

- Awareness and preventative education on rape, domestic violence, HIV/Aids, alcohol and drug abuse at various schools. Learners trained as Peer Helpers to assist their respective Peers.
- Establishment of Peer Helpers Clubs in the respective Schools. School Refers learners to Rape Crisis Centre for
- Counselling
- Peer Helpers organise awareness on Rape, Drug and Alcohol abuse, Teenage Pregnancy and Safety mapping.

TRAINING

Training is conducted with various member in the community on Rape, Domestic Violence/ HIV and contributing factors of gender base violence.

OUR SERVICES

A fee is charged to individuals requesting the training. Rape Crisis Centre has conducted several training workshops in Humansdorp, Bizana, and in the Nelson Mandela Metropolitan area. Rape Crisis Centre also receives several requests from the churches, communities and civic organisations.

RESEARCH AND INFORMATION PROJECT

The project was implemented in mid-October 2005. The aim is to document rape cases and look at why there is such a low conviction rate on rape cases.

ADVOCACY AND LOBBY

Rape Crisis Centre has have lobbied the Provincial Health Department to administered Anti-Retroviral drugs to rape survivors at the State Hospitals in Port Elizabeth. Rape Crisis Centre was successful and government provided AZT to children and Adults.

REAL MEN DON'T RAPE!